

## I'M OK WITH WHAT LIFE IS THROWING AT ME - ANJANETTE YOUNG - MAMA YOUNG AT HOME

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As I have gotten older, I have found my time with my friends pretty precious. When we gather with we talk about many things; the kids, experiences with schools, the best recipes, or our awesome skills at parenting. We might even talk about seeing wrinkles, but the one thing we will not hear from each other is “I leak urine all the time!” Bladder control issues can be embarrassing so it is a subject we avoid regardless of how much it actually is a part of our everyday lives.

I don't know all of what causes bladder leakage, but I know for me it was having a lot of babies. I'm a little older now and the words period, light bladder leakage, early menopause are all uttered in the same sentence. I do have experience with all those things and it can make for some interesting days.

The folks at Stayfree™ must have realized that many women are going through the same thing and have a bathroom drawer full of different products.



Stayfree™ Ultra Thin pads (click for a coupon!) are extra thin, comfortable and can be worn for extra protection any time of the month, not just light bladder leakage symptoms.

It is nice to know that when I am on a long walk, playing with my kids, or chasing my daughter's dog I am protected because of Stayfree™'s new technology that locks in fluids.

Am I embarrassed by bladder leakage? No, this is just another part of life and having my amazing babies. It still won't be something I chat about with my friends, but I'm going to be confident knowing that I am protected from leakage and any odors.